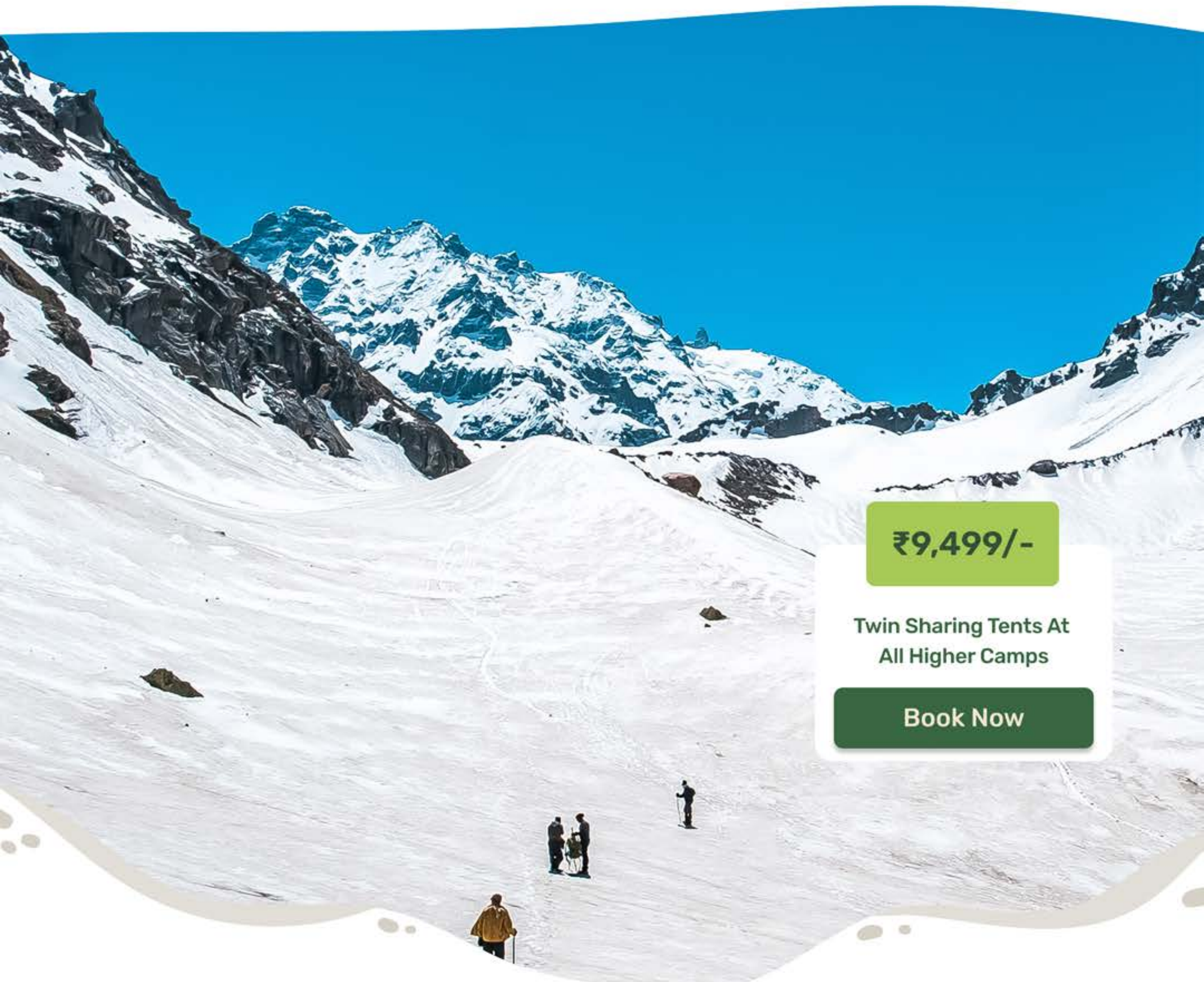
Hamta Pass and Chandrataal

BY KAILASHRATH TREKS



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HIMACHAL TOURISM

INDIAN MOUNTAINEERING FOUNDATION

APEX NATIONAL BODY

Brief info

SEASON

June to September

DAYS

6 Days and 5 Nights

BASE CAMP

Prini, Manali.

DIFFICULTY LEVEL

Moderate

CLICK HERE TO CHECK DATES AND CURRENT SEAT AVAILABILITY

Highlights of this Trek



HAMTA PASS



CHANDRATAL LAKE



BREATHTAKING VIEWS



SCENIC CAMPSITE



STREAM CROSSING



Watch it on Youtube

Hampta Pass Trek | Manali | 14,000 ft | Hamta Vatlley

06 : 10 min

You can participate, if

You are above 12 years of age with a good physical strength and stamina. You should not have any serious medical issue related to Hypertension, Asthma, Diabetes, breathing problems or any other medical conditions which create difficulties for you while trekking.

You should prepare yourself before participating in the trek. You should be able to jog/brisk walk 5 kms in 40 minutes. If you are with a BMI of 30 and above need to get it below 30 before joining the trek.

PREPARATION

Strong physical fitness is a must for any Himalayan Treks. Whenever one is undertaking activities like High Altitude Trekking, make sure that you are preparing yourself for the trek in terms of Aerobic fitness, muscle strength and breathing rhythm. Check our **Preparation Guide** video for more information.

Perks of trekking with Kailashrath

AFFILIATED BY IMF

We are affiliated with the IMF and hold a 12+ Years of Experience organising high altitude Himalayan treks.

PROFESSIONAL GUIDES AND SUPPORT TEAM

Our expert guides are trained in first aid and equipped with the latest safety gear.

HIGH GRADE EQUIPMENTS

Safety of the participants is our utmost priority so we provide High Quality Alpine Tents, Sleeping Bag, Gaiters and Microspikes. We also provide rest trekking gear on rental basis at base camp.

HASSLE FREE BOOKING PROCESS

We take the booking directly from the customers. No third party is involved before or after the booking process.

PIONEERED IN ORGANISING TREK

With consistent effort and professionalism, we have offered treks to more than 50,000 trekkers with almost 5000+ reviews on Social Media.

ACCLIMATISATION DAY

Kailashrath Treks ensures your safety with a dedicated acclimatization day—helping you adapt to altitude and enjoy a safer, smoother Himalayan adventure.

Detailed Itinerary



DAY 1 : ARRIVAL AT PRINI BASE CAMP

⟺ N/A N/A 6,400 Ft Full Network

- Report at the Kailashrath Treks base camp by afternoon and check in to the hotel for a comfortable stay.
- After documentation and verification, take some time to rest and settle in.
- Post Lunch, head out for a short acclimatization walk around the base camp to help your body adjust to the altitude.
- This is followed by a detailed orientation session where the trek leader briefs you about the route, safety measures, gear check, and what to expect in the coming days.
- Dinner and overnight stay at the hotel.

PRINI BASE CAMP HIGHLIGHTS:

- Day 1 of the Hamta Pass and Chandrataal trek with Kailashrath Treks is thoughtfully designed, all-inclusive in the package.
- The base camp is easy to reach from Manali Bus Stand [6 Km], allowing trekkers to settle in without rush and enjoy a peaceful hotel stay in comfortable rooms.
- With all meals included, you can relax and focus on acclimatization, which plays a crucial role in a successful high-altitude trek.
- Trekkers also benefit from a free cloakroom facility and the availability of rental gear right at the base camp, ensuring a stress-free and well-prepared beginning to the adventure.

DAY 2 : TREK TO CHIKKA

⟷ 3 Km 3 hr 9,500 Ft No network

- Start the day with a jeep ride to Hamta Dam, the starting point of the trek.
- From here, enjoy a 2–3 hour trek to Chikka, following scenic river trails framed by towering Himalayan peaks.
- Chikka is a stunning riverside campsite surrounded by waterfalls, alpine meadows, and majestic mountains.
- The serene environment offers the perfect introduction to high-altitude trekking. Spend the evening relaxing at the campsite, soaking in the peaceful surroundings and pristine landscapes.
- Overnight stay in tents at Chikka.



DAY 3 : TREK TO BALU KA GHERA

⟷ 6 Km 6 Hr 11,900 Ft No Network

- After breakfast, trek towards Balu Ka Ghera, a moderate route along the river featuring boulder sections and river crossings.
- The trail gradually ascends above the tree line, offering breathtaking panoramic views. Balu Ka Ghera, a wide riverside plain, is one of the trek's most picturesque campsites.
- Camping here feels like a dream amidst the towering peaks, and on clear days, you can spot Mt. Indrasan, the highest peak in the Manali valley.
- This day blends adventure, moderate trekking, and scenic beauty in a truly memorable alpine experience.
- Overnight stay in tents at Balu Ka Ghera.



DAY 4 : TREK TO SHIA GORU VIA HAMTA PASS

⟷ 9 Km 🕒 8 Hr ↗ 14,200 Ft 📶 No Network

- Begin early at 4 AM to cross Hamta Pass while the snow is hard. The ascent to the pass (14,000 ft) takes about four hours and rewards trekkers with stunning aerial views of the Spiti Valley.
- After reaching the summit, enjoy the breathtaking scenery before descending steeply towards Shia Goru Camp (12,800 ft). This is the trek's most challenging and rewarding day, combining alpine adventure with panoramic Himalayan vistas.
- The evening is perfect for relaxing in tents and absorbing the serene high-altitude landscape.
- Overnight stay in tents at Shia Goru.



DAY 5 : TREK TO CHATRU & JEEP RIDE TO CHANDRATAL

⟷ 4 Km 3 Hr 10,900 No Network

- After breakfast, trek down to Chatru. Post-lunch, take a scenic jeep ride to Chandratal Lake (14,280 ft), famous for its crystal-clear waters, mountain reflections, and photography opportunities.
- Return to Chatru for the overnight tent stay and to collect deposited extra luggage.
- This day combines trekking and a high-altitude jeep adventure to Chandratal.

Important Note: Carry ₹250/- in cash for Chandratal Lake Entry Fee. This amount is to be paid directly to the authorities upon arrival.



DAY 6 : CHATRU TO MANALI

⟷ 65 Km 4 Hr 6,500 Full Network

- Enjoy a leisurely breakfast before the scenic drive back to Manali.
- The route includes off-road terrain to Gramphoo, then a smooth traverse through the Atal Tunnel, offering swift travel and Himalayan views.
- Arrive in Manali by early afternoon, departing by 4 PM.

CLICK HERE TO CHECK DATES AND CURRENT SEAT AVAILABILITY

Trek Route Map



How to reach Base camp ?



TRANSIT INFORMATION

New Delhi to Manali
Bus journey time : 11- 12 Hr | 510 Km

Chandigarh to Manali
Bus journey time : 7- 8 Hr | 278Km

Manali bus stand to Prini basecamp
Taxi journey time : 15 min | 6Km

Things to carry

ACCESSORIES

- Woollen Cap
- Sun Cap
- Gloves
- Sunglasses
- Head Torch
- Lunch Box
- Insulated Water Bottle
- Poncho



CLOTHING

- -5 Degree Jacket
- Fleece (Mid Layer)
- Thermal Base Layer
- 2 X Dry-Fit T-Shirts
- 2 X Quick Dry Trek Pants

ESSENTIALS

- Power Bank
- Toiletries
- Crepe Bandage
- Pain Relief Spray
- Blister Tape
- Personal Medical Kit
- Personal Garbage Bag

FOOTWEAR

- Water Proof High Ankle Trek Shoes
- 3 X Socks
- 1 X Woollen Socks

Documents Required

1. **Medical Certificate** should be signed by a registered MBBS doctor and should have the seal of the doctor.
2. **Original and photocopy of Aadhar card** required. In case of Foreign Nationals Passport and Visa would be required.
3. **NOC form** with participant signature to be signed on arrival at base camp.
4. **Passport sized photograph** - Two in number.

Download the **Medical certificate** and **NOC** here.

Equipments on rent

At Kailashrath Treks, we provide you a few trek gears on rental basis, which can be booked prior to confirm. Below are the details and link.

A security deposit will have to be deposited [cash/online] on arrival at base camp to ensure the safekeeping of the gear which will be refundable once the gear is received back.

PRODUCT	RENT FOR ENTIRE TREK	DEPOSIT REFUNDABLE
1. High Ankle Trekking Shoes 	₹900	₹2,000
2. Poncho 	₹250	₹500
3. Trekking Bag 	₹250	₹1,000
4. Snow Gloves 	₹250	₹800
5. Headlamp 	₹250	₹800
6. Trek Pole 	₹250	₹500

Note : AAA Batteries not included.

Inclusions

1. ACCOMODATIONS

Stay will be in tents on double sharing basis at higher camps while at base camp it will be triple sharing in hotel.

2. CLOAK ROOM

Members can keep their extra luggage at base camp.

3. MEALS

Breakfast, lunch, snacks and dinner are included. We provide simple, nutritious Veg/Jain food on all days of the trek.

4. CAMPING CHARGES

All trekking permits and forest camping charges are included.

5. GAITERS AND MICROSPIKES

These are quite helpful to walk on snow. Gaiters help against snow entering from the side of the shoes while microspikes are useful to provide extra grip on snow.

6. TREKKING EQUIPMENT

High quality tents and sleeping bags will be available at all the camps. Tents & Sleeping bags can withstand temperatures as low as -10 °C.

7. SAFETY EQUIPMENT AND EMERGENCY

First Aid Kit, oxygen cylinders, oximeter etc. with be available with Trek Leader and at camp site as well to deal with emergencies.

8. EXPERT TREK LEADERS

All our trek leaders are at least qualified in Basic / Advanced mountaineering and First Aid course.

9. EXPERT TREK SUPPORT TEAM

The mountain staff on this trek consist of Certified guides, Cooks, Helpers.

Exclusions

- Transportation charges to reach base camp and back.
- Cost of Emergency.
- Any personal expense.
- 5% GST
- Personal Insurance

How To Book

BOOKING & CANCELLATION POLICY

Members can book the trek directly from **www.kailashrath.com** by paying an advance of ₹ 2,000 per person. Balance amount has to be paid 15 days prior to the event date.

- **Advance amount** of ₹2,000 is non refundable. However in case of cancellation before 15 days of the event date, members get a credit voucher, which will have a validity of six months and will be transferable too (only for new bookings). The voucher will not be adjusted to the balance amount in case of group booking.
- **Balance amount** has to be paid two weeks prior to the event date. Failure to pay the balance payment will lead to cancellation. Booking Ticket will be sent once the balance payment is received.
- **Cancellation requests** will be entertained only via email (kailashrathtreks@gmail.com). No refund of the entire amount when cancelling within 15 days of the trek.

Note : If a trek is called off at the last moment due to a natural calamity/unforeseen circumstances (like rains, earthquake, landslides, strike, bandh, pandemic etc) no amount will be refunded. According to the situation, we will be providing some alternatives.

Fixed Depature

- Departures scheduled from **June to September**, which is considered the optimal time for the expedition.
- Fixed Departures will proceed regardless of the number of participants, though the maximum batch size is **25.**
- The selected date refers to the reporting date at the **Prini base camp.**

CLICK HERE TO CHECK DATES AND CURRENT SEAT AVAILABILITY

Food Menu

We provide Hygienic, Freshly cooked food throughout this trek with dedicated and experienced cooking staff who will accompany with us throughout this trek.

We have carefully curated the complete menu for this trek which will provide sufficient nutrition and energy to complete this trek a ease.

Click here to view our menu curated for this trek.

FAQ

Didn't find what you're looking for in this Brochure?

Check out our **Frequently Asked Questions** on our website. Or feel free to get in touch with us with below contact details.

BACKPACK OFFLOADING SERVICES

If you're unable to carry your backpack, don't worry! We at Kailashrath Treks offer offloading services.
Members who wish to offload their backpack can avail the offloading service for a charge varying between ₹3,000 to ₹5,000 based on weather/snow condition. Please note that if a member withdraws from the trek at any point, the charges will not be refunded.
Members need to confirm at least one week before their event date and will need to make advance payment to avail the services.
It's recommended that those using this service, should bring a daypack (10 liters) for essentials like a lunchbox, water bottle, poncho, toiletries, and a jacket.

Get in touch

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